

EASY RECIPES FOR KIDS

Rule #1: Always ask your parent's permission before doing anything in the kitchen! Make sure your parent is with you to help with the oven and knives. Be careful and stay safe.

Rule #2: Wash your hands before you start.

Cut out recipe cards and keep them on a ring or in a box for safe keeping.

Have fun cooking!



DUMP CAKE

Ingredients: 2 Cans of pie filling, 1 boxed cake mix, 1 stick of butter

1. Preheat oven to 350°F. Grease a 13"x 9" pan.
2. Open two cans of pie fillings. Dump into pan. Spread evenly.
3. Sprinkle cake mix evenly over cherry layer.
4. Using a butter knife cut 1 stick of butter in thin slices and place butter evenly over the cake mix.
5. Bake 50 minutes or until top is lightly browned. Serve warm or at room tempera-



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TUNA SANDWICH

Ingredients:

Tuna
Mayonnaise
Bread

Equipment:

Small soup bowl
Fork
Plate

Instructions:

1. Drain any liquid from the tuna. Scoop the tuna into a bowl.
2. Put 2 tablespoons of mayonnaise and mix well with the tuna, breaking up and shred any clumps of tuna.
3. Lay two slices of bread on a plate. Put two small scoops of the tuna mixture on one of the slices. Spread and level out the tuna mixture evenly until that slice is almost completely covered.
4. Put the other slice of bread on top of the tuna mixture. Now your sandwich is complete and ready to eat.



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PB&J SANDWICH

What you'll need:

- Peanut butter of your choice
- Jelly, jam, or preserves of your choice
- 2 slices of sandwich bread
- A clean butter knife
- A clean spoon

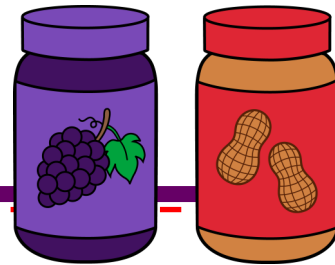
Instructions

1. Lay two pieces of bread flat.
2. On one side of the first piece of bread spread Peanut Butter with a butter knife.

3. On one side of the second piece of bread spread Peanut Butter with a butter knife.

4. On one side of the second piece of bread spread Jam with a spoon.

5. Put the first slice of bread on top of the second slice of bread so the Peanut Butter and Jelly sides are touching.

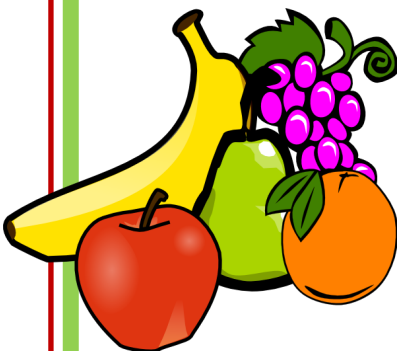


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FRUIT SALAD

Ingredients

- Banana
- Mandarin Oranges
- Grapes
- Pineapple



1. Pull grapes off the stem, and put in the serving bowl.
2. Peel the banana and cut in thin slices with a butter knife. Place in the serving bowl.
3. Open a can of mandarin oranges. Drain the water off. Dump in the serving bowl.
4. Open a can of pineapple rings and cut them in smaller sections. Dump in the serving bowl.

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